"When you take breaks, your diffuse mode is still working away in the background." —Barbara Oakley, A Mind for Numbers: How to Excel at Math and Science

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1 Practice Problem: Stumbling into the Answer

(a) In the Sun, photons are constantly scattered by processes such as electron scattering, which occurs with the Thomson cross section:

$$\sigma_T \approx 0.7 \,\mathrm{b} = 7 \times 10^{-29} \,\mathrm{m}^2 \tag{1}$$

Roughly estimate how long it takes a photon at the center of the Sun to reach the surface. Note that the density at the center at the Sun is $\simeq 10^2$ times denser than the mean density of the entire Sun.

Compare this to how long it would take if there were no collisions.

The average density of the Sun is

$$\rho \simeq \frac{M_{\odot}}{4\pi R_{\odot}^3/3} \simeq \frac{M_{\odot}}{4R_{\odot}^3} \tag{S1}$$

Then the number density of electrons is approximately (by charge neutrality)

$$n \simeq \frac{f M_{\odot}}{4m_p R_{\odot}^3} \tag{S2}$$

where $f \simeq 10^2$.

Then the mean free path is

$$\lambda = \frac{1}{n\sigma} = \frac{4m_p R_{\odot}^3}{f M_{\odot} \sigma_T} \simeq 1.7 f^{-1} \,\mathrm{cm} \tag{S3}$$

For uncorrelated steps, the mean variances of the position add:

$$\langle r^2 \rangle = n\lambda^2$$
 (S4)

Setting $r = R_{\odot}$, the number of collisions that a photon would undergo before having a large chance of diffusing out of the star is

$$n \simeq R_{\odot}^2 / \lambda^2 \tag{S5}$$

This would take a time

$$T \simeq n\lambda/c \simeq R_{\odot}^2/\lambda c \approx 3 \times 10^6 \,\mathrm{yr}$$
 (S6)

Note that there is quite a bit of variation in the answers here depending on what is adopted for f, since this can dramatically increase the number of collisions a photon experiences and thus greatly increase the time required to escape.

In any case, this is much, much larger (by a factor R_{\odot}/λ) than the escape time of a hypothetical photon which would not need to collide with anything:

$$T_0 = R_{\odot}/c \approx 2\,\mathrm{s} \tag{S7}$$

(b) Roughly estimate how long it would take a given air molecule you breathe out to diffuse to the other side of the Earth, *ignoring* advection.

The number density of air molecules is

$$n \simeq \frac{\rho}{28m_p} \approx 2 \times 10^{-25} \,\mathrm{m}^{-3} \tag{S8}$$

using $\rho \approx 1 \,\mathrm{kg}\,\mathrm{m}^{-3}$.

The cross section of two air molecules interacting is probably $\sigma = \pi r^2$ where $r \simeq 3$ Å, yielding

$$\lambda = \frac{1}{n\sigma} \simeq 200 \,\mathrm{nm} \tag{S9}$$

To diffuse around the Earth (ignoring geometric effects of the Earth's curvature), one must diffuse a distance $D \simeq \pi R_{\oplus}$. Then the number of steps needed to reach this distance is

$$\langle r^2 \rangle \simeq \pi^2 R_{\oplus}^2 = n\lambda^2$$
 (S10)

so that

$$n \simeq \frac{\pi^2 R_{\oplus}^2}{\lambda^2} \simeq 10^{28} \tag{S11}$$

The typical velocity of a given air particle is

$$v \simeq \sqrt{\frac{kT}{28m_p}} \approx 300 \,\mathrm{m\,s^{-1}} \tag{S12}$$

Then the total time this would take is

$$T = n\lambda/v \approx 2\,\mathrm{Gyr}\tag{S13}$$

(c) Jet streams have typical speeds $v \simeq 200 \,\mathrm{km}\,\mathrm{hr}^{-1}$. Roughly estimate how long would it take an molecule to cross from one side of the Earth to the other, if it hitched a ride on a jet stream?

We simply have

$$T \simeq \frac{\pi R_{\oplus}}{v} \approx 4 \,\mathrm{d}$$
 (S14)

This is much, *much* smaller than the analogous diffusion time found in part (b).

- (d) Consider measuring n variables x_n , each introducing an error σ . Estimate the *error* on the sum if the errors are
 - (i) statistical.

Statistical errors behave as random walks:

$$\sigma_{\rm tot}^2 = n\sigma^2 \tag{S15}$$

Then

$$\sigma_{\rm tot} = \sqrt{n}\sigma \tag{S16}$$

(ii) systematic.

Because the errors add "coherently," the total error is

$$\sigma_{\rm tot} = n\sigma \tag{S17}$$

If n is large, this answer would deviate a lot from the analogous statistical error-based quantity.

2 Practice Problem: Be a Conservationist

Conservation laws take the form

$$\frac{\partial q}{\partial t} + \nabla \cdot \vec{j} = 0 \tag{2}$$

where q is the density of the conserved quantity and \vec{j} is the current, and can be any vector field. The fact that this is a conservation law can be seen by integrating over some volume v and applying Gauss's law:

$$\frac{\mathrm{d}}{\mathrm{d}t} \int_{v} q \,\mathrm{d}V = -\int_{\partial v} \vec{j} \cdot \,\mathrm{d}\vec{A} \tag{3}$$

(a) Let the temperature T obey the diffusion equation,

$$\frac{\partial T}{\partial t} = \alpha \nabla^2 T \tag{4}$$

Given the density ρ and specific heat capacity C, find an expression for the heat flux.

The thermal energy density is given by

$$\varepsilon_T = \rho C T$$
 (S18)

Multiplying Equation 4 by ρC , we have

$$\frac{\partial(\rho CT)}{\partial t} = \nabla \cdot (\rho C \alpha \nabla T) \tag{S19}$$

Rearranging and substituting, we have

$$\frac{\partial \varepsilon_T}{\partial t} + \nabla \cdot \vec{q} = 0 \tag{S20}$$

where the heat flux \vec{q} is given by

$$\vec{q} = -\rho C \alpha \nabla T \tag{S21}$$

(b) The free Schrödinger equation is

$$i\hbar\frac{\partial\psi}{\partial t} = -\frac{\hbar^2}{2m}\nabla^2\psi \tag{5}$$

Show that ψ is a conserved density, and find its current.

The Schrödinger equation is just a complex diffusion equation, and can be rewritten as

$$\frac{\partial \psi}{\partial t} + \nabla \cdot \left(\frac{\hbar}{2mi} \nabla \psi\right) = 0 \tag{S22}$$

This is a conservation law for ψ , with current

$$\vec{j} = \frac{\hbar}{2mi} \nabla \psi \tag{S23}$$

(c) Under a potential $V = V(\vec{x})$, the Schrödinger becomes

$$i\hbar\frac{\partial\psi}{\partial t} = -\frac{\hbar^2}{2m}\nabla^2\psi + V\psi \tag{6}$$

Show that $\psi^*\psi$ is still a conserved density, and find its current.

The trick from before doesn't work anymore. However, we may multiply the Schrödinger equation (Equation 6) by ψ^* :

$$i\hbar\psi^*\frac{\partial\psi}{\partial t} = -\frac{\hbar^2}{2m}\psi^*\nabla^2\psi + V\psi^*\psi \tag{S24}$$

We can take the complex conjugate of this:

$$-i\hbar\psi\frac{\partial\psi^*}{\partial t} = -\frac{\hbar^2}{2m}\psi\nabla^2\psi^* + V\psi^*\psi$$
(S25)

We can subtract these equations to eliminate V:

$$i\hbar\left(\psi^*\frac{\partial\psi}{\partial t} + \psi\frac{\partial\psi^*}{\partial t}\right) = i\hbar\frac{\partial(\psi^*\psi)}{\partial t} = -\frac{\hbar^2}{2m}\left(\psi^*\nabla^2\psi - \psi\nabla^2\psi^*\right) \tag{S26}$$

Note that

$$\psi^* \nabla^2 \psi - \psi \nabla^2 \psi^* = \psi^* \nabla^2 \psi + \nabla \psi^* \cdot \nabla \psi - \nabla \psi \cdot \nabla \psi^* - \psi \nabla^2 \psi^* = \nabla \cdot (\psi^* \nabla \psi - \psi \nabla \psi^*)$$
(S27)

Then

$$\frac{\partial(\psi^*\psi)}{\partial t} + \nabla \cdot \left(\frac{\hbar}{2mi} \left(\psi^* \nabla \psi - \psi \nabla \psi^*\right)\right) = 0$$
 (S28)

The probability current is then

$$\vec{j} = \frac{\hbar}{2mi} \left(\psi^* \nabla \psi - \psi \nabla \psi^* \right) \tag{S29}$$

(d) We can modify the conservation law to

$$\frac{\partial q}{\partial t} + \nabla \cdot \vec{j} = F \tag{7}$$

Write this equation in integral form. What is the effect of F?

The integral form of Equation 7 is

$$\frac{\mathrm{d}}{\mathrm{d}t} \int_{v} q \,\mathrm{d}\mathbf{V} = -\int_{\partial v} \vec{j} \cdot \mathrm{d}\vec{A} + \int_{v} F \,\mathrm{d}V \tag{S30}$$

We see that the F term is a source term which adds material independently of it entering and exiting the boundaries of some domain.